



# Delaware Respite Care Options:

Developmental Disabilities,  
Physical Disabilities and  
Developmental Delays

## **Who?**

Children and Adults with Developmental and/or Physical Disabilities

## **What is available?**

The following programs are funded by a variety of sources. Contact the agency or organization for more information.

### **Adult Day Services**

**Eligibility:** Individuals age 60+ with functional impairment

**Cost/Limitations:** No cost for Medicaid recipients. Limited slots by program

**Contact:** ADRC at 1-800-223-9074

### **Respite Care: Physical Disabilities**

**Eligibility:** Adults with physical disabilities age 18 to 59

**Cost/Limitations:** No cost. \$500 per year per person

**Contact:** ADRC at 1-800-223-9074

### **Respite Care: Delaware Division of Developmental Disabilities Services (DDDS)**

**Eligibility:** Children or Adults with developmental disabilities registered with DDDS

**Cost/Limitations:** No cost. \$1600-1800 per year, based on DDDS resources

**Contact:** DDDS at 1-866-552-5758 or <http://dhss.delaware.gov/dhss/ddds/>

### **Delaware Lifespan Respite Care Network**

**Eligibility:** Children or adults with disabilities and/or special healthcare needs

**Cost/Limitations:** No cost. \$500 per year per person, funds are limited

**Contact:** Easter Seals at 302-221-2087 or 1-800—677-3800



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## Continued

### Respite Care: Autism Spectrum Disorder

**Eligibility:** School-age children in public school system being served in one of the 6 Delaware Autism Programs (DAP).

**Cost/Limitations:** Co-pay based on family income. 1 day or 24 hours per month and 7 days vacation per year; Respite must be provided by DAP staff

**Contact:** Requests made to DAP program/school

### Respite Care: Multiple Sclerosis (MS)

**Eligibility:** Individuals with Multiple Sclerosis

**Cost/Limitations:** No cost. 80 hours per year based on availability of funding

**Contact:** MS Navigator at 302-655-5610

### Community Living/ Respite Care

**Eligibility:** Adults age 18 or older with a physical disability that will last 12 months or longer

**Cost/Limitations:** No cost. 10 hours per week per person

**Contact:** United Cerebral Palsy at 302-764-2400

### Respite Care: Developmental Delay

**Eligibility:** Children ages 0-3 being served by Child Development Watch, as determined by the IFSP team

**Cost/Limitations:** Links with other programs and may be a payor of last resort

**Contact:** Child Development Watch Service Coordinator